Tinnitus Management Flow Sheet
Chicago Dizziness and Hearing, Version Jan 15, 2009

Tinnitus (noise in ear)

See Physician
Audiogram, tinnitus matching, OAE
ABR if neuropathy
ECOG if hearing loss
MRI Brain if unilateral
MRI neck if neck stiff

Had diagnostic workup?

Anxious, depressed, sleepless?

Anxiolytics (Klonazepam, Aplrazolam)

Antidepressants
(Effexor, Nortriptyline, Paxil)

Sedatives (Lunesta, Klonazepam, Trazedone)

Devices:
Masking (household noises, Tinnitus CD’s)
Hearing aid
Masker
Conditioning device (Neuromonics, similar)

Ear meds

Did’t work

Patient wishes to try Medication, TRT, devices

Schedule for TRT

Psychological management

No

Electrical stimulators
Not appropriate for everyone

No

Neuroprobe 500 Ultrasonic
(Ultraquiet, Hisonic)

Surgery (last resort)

NO

Hypnosis, Biofeedback

Betaistine
Dyazide

No

Medrol dose pack

No

Ear meds

Anticonvulsants

Ginkgo
Acupuncture
Lipoflavenoids

Niacin 50 bid
Pavabid 150 BID
Persantine 25 TID
Trental 400 TID

Vasoactive

Surgery (last resort)

Electrical stimulator implant

Psychological management

Yes

Steroids

No

TRT

Devices

TRT